



Incoming Students and Parents,

Welcome to Manual High School! As you will soon find out, the majority of our students participate in an extracurricular activity in addition to their regular academic load. It is our belief that Manual High School's combination of academics and activities is unmatched in the state of Kentucky.

Manual offers 27 athletic programs, in which there are 50 levels of competition (varsity, junior varsity, and freshmen). During the 2018-19 school year, there have been over 700 individual students participating on one of our athletic teams, nearly 40% of Manual's entire student body. If athletics is not your interest, then get involved in one of our many student clubs and organizations.

Studies have shown many benefits of participation in extracurricular activities. Some these include:

- Participants have a better connection to the school verses students that do not participate.
- Participants perform better academically verses students that do not participate.
- Participants have a better attendance rate verses students that do not participate.
- Participants have less disciplinary problems verses students that do not participate.
- Participants have a better support system in place at school (coaches, sponsors, etc.).

Participating in activities at Manual is not easy. It takes determination, commitment, and personal sacrifice from the student. It also takes a tremendous amount of support from family, friends, and faculty. It is this support and commitment that allows our extracurricular activities to thrive.

On behalf of the athletic department, coaching staff, current students, alumni, and support staff, we welcome you to duPont Manual High School. We are glad you are here! Go Crimsons!

David Zuberer
Athletic Director

Head Coach Contact Information

FALL SPORTS - 1 st day of tryouts is July 15, 2019		
SPORT	HEAD COACH	HEAD COACH EMAIL
B & G Cross-Country	Tim Holman	Tim.Holman@jefferson.kyschools.us
Field Hockey	Brittany Vencill	brittany.vencill@gmail.com
Football	Scott Carmony	Scott.Carmony@jefferson.kyschools.us
Boys' Golf	Todd Eastridge	Kevin.Eastridge@jefferson.kyschools.us
Girls' Golf	Eric Purvis	Eric.Purvis@jefferson.kyschools.us
Boys' Soccer	Bob Ramsey	Bob.Ramsey@jefferson.kyschools.us
Girls' Soccer	Sheri Kiser	Sheri.Kiser@jefferson.kyschools.us
Volleyball	Richard Weaver	rlweav17@gmail.com
WINTER SPORTS - 1 st day of tryouts is October 15, 2019		
SPORT	HEAD COACH	HEAD COACH EMAIL
Archery	Bill Jackson	Bill.Jackson@jefferson.kyschools.us
Boys' Basketball	Jimmy Just	jejust14@gmail.com
Girls' Basketball	Jeff Sparks	Jeffrey.Sparks@jefferson.kyschools.us
Boys' Bowling	Ken Rowan	ken.rowan@att.net
Girls' Bowling	Tom Shulak	tom.shulak@datamaxintl.com
B & G Swim & Dive	J.C. Barnett	jcbarnett760@gmail.com
Wrestling	Dwayne Payne	Dwayne.Payne@jefferson.kyschools.us
SPRING SPORTS - 1 st day of tryouts is February 15, 2020		
SPORT	HEAD COACH	HEAD COACH EMAIL
Baseball	Matt Timbario	matimbo5@hotmail.com
Boys Lacrosse	Nathan Moore	Manuallacrosse@gmail.com
Girls Lacrosse	Dean Walker	dwalker7@twc.com
Softball	Andrew Hundley	Andrew.Hundley@bullitt.kyschools.us
Boys' Tennis	Ken Stovall	Kenneth.Stovall@jefferson.kyschools.us
Girls' Tennis	Kellee Dicks	kedicks@yahoo.com
B & G Track & Field	Zacharie Brooks	Zacharie.Brooks@jefferson.kyschools.us
SPIRIT TEAMS		
SPORT	HEAD COACH	HEAD COACH EMAIL
Cheerleading	Candice Crawford	Candice.Crawford@jefferson.kyschools.us
Dazzlers	Kirstie Berte'	kmbert91@gmail.com

CRIMSON & RAM CARDS

CRIMSON CARDS will be available to students at orientations for **\$70**. The card includes admission to all regular season home athletic events (does not include tournaments or postseason), admission to dances (back-to-school, football & basketball homecomings), and Crimson Crazy's t-shirt.

- Sports Included – Baseball, Basketball, Football, Field Hockey, Lacrosse, Soccer, Softball, Volleyball & Wrestling.
- During the 2018-19 school year, there are over **108** different home sporting events scheduled, most with multiple games and levels.

RAM CARDS will be available for **adults** at all orientations for **\$65**. The card includes admission to all regular season home athletic events (does not include tournaments or postseason).

REQUIRED FORMS/FEES & COLLECTION DATES

The following forms and fees must be submitted completed in their entirety to **Manual's athletic office** prior to the beginning of the student's athletic participation (this includes off-season workouts). The forms, along with the safety video, are available on the athletics page of the school website – **www.dupontmanual.com**. In mid-June, there will be a checklist available of student paperwork on the athletics participation page of the school website.

- KHSAA Physical Form (valid for one calendar year from exam date)
- JCPS Addendum to the Physical (must be signed by physician)
- Parent/Student-Athlete Concussion Statement (parent & student sign)
- JCPS Parent Permission/Release Form (must be notarized)
- JCPS Safety Video Combination Signature Form (parent & student sign)
- Transportation Waiver (must be notarized)
- Parent Communication Agreement Form (parent & student sign)
- Social Networking Agreement (parent & student sign)
- JCPS Photo/Videotape Release Form (parent & student sign)

Each student pays the insurance / trainer fees listed below to participate. Students pay this fee one time per school year.

CUT SPORTS

Tryout Fee -	\$5.00
Make Team -	\$35.00
Total -	\$40.00

NON-CUT SPORTS

Total - \$40.00

Please make sure all forms are submitted by the dates listed below:

FALL SPORTS – All forms and fees submitted between May 13 - June 22, 2019

WINTER SPORTS – All forms and fees submitted by October 1, 2019

SPRING SPORTS – All forms and fees submitted by February 1, 2020

SPIRIT TEAMS – All forms and fees submitted 2 weeks prior to tryout date

ACADEMIC ELIGIBILITY REQUIREMENTS FOR ATHLETES

Semester eligibility is based on the following:

- Student must be in proper grade level. All incoming freshmen are initially eligible to participate in the fall.
- During previous semester, student must pass 6 classes.
- During previous semester, student must pass at least one each of the following core content classes: **Math/English/Social Studies/Science**.
- During previous semester, student must have a 2.0 GPA or better.

6-Week Progress Report Eligibility

- Any student falling below the eligibility requirements on his or her progress report must attend Study Skills for a 15 day period, Monday-Friday from 2:30 – 3:30 pm. During this period, the student-athlete may participate and play. Failure to attend study skills will cause the student-athlete to be **INELIGIBLE FOR THAT DAY**.
- At the end of the first 15 day probationary period, any student-athlete who is still below eligibility requirements must attend Study Skills for an additional 15 day period. During this period, the student-athlete may continue practicing but is **INELIGIBLE** for competition.
- If the student-athlete is still below the eligibility requirements at the end of the second probationary period, he or she may continue practicing but is **INELIGIBLE** for competition for the remainder of that semester.
- Student-athletes will be permitted ONE probationary period PER SEMESTER.

Athletic Department Contact Information

Athletic Director - David Zuberer

Email - David.Zuberer@jefferson.kyschools.us

120 West Lee Street School, Louisville, KY 40208

School Office Phone - (502) 485-8241

Athletic Office Phone - (502) 313-4048

WWW.DUPONTMANUAL.COM

Please check out the athletic page on our school website. It has a listing of each of our athletic teams, along with the contact information for each head coach. Also available are game schedules, blank forms, links to team websites, photos, etc.

Follow us on Twitter - **@ManualAthletics**